# Waters™

## Applikationsbericht

Improvements in Sensitivity for Quantification of Steroid Phosphate Drugs Using ACQUITY PREMIER and MaxPeak HPS Columns

Nikunj Tanna, Robert S. Plumb, Lauren Mullin

Waters Corporation



### **Abstract**

Analytes with electron rich moieties such as phosphate and carboxylate groups are susceptible to chelation with metal surfaces across the chromatographic system and column. This often results in poor peak shape, reduced sensitivity, with poor robustness and reproducibility, all of which can adversely affect the development of a successful bioanalytical method. The ACQUITY PREMIER and MaxPeak High Performance Surface (HPS) columns mitigate this problem by providing a chemically inert hybrid organic-inorganic surfaces which prevents metal chelation without affecting chromatographic selectivity.

In this application note, we show the impact of using this novel surface for quantifying hydrocortisone phosphate and dexamethasone phosphate in extracts of human plasma. Using the ACQUITY PREMIER System and MaxPeak HPS Columns, we were able to achieve a 10-fold improvement in the lowest limit of quantification (LLOQ) for hydrocortisone phosphate and 7.5-fold increase in LLOQ for dexamethasone phosphate. Additionally, better overall chromatographic performance resulted in better peak shapes and robust and reproducible integration of peaks, especially at the low concentrations.

#### **Benefits**

Superior peak shape, simpler peak integration, and improved sensitivity

## Introduction

Bioanalysis laboratories constantly strive for more sensitivity as they try to better define the pharmacokinetics (PK) of candidate drugs at low systemic concentrations or are required to use lower sample volumes to perform analysis in pre-clinical or pediatric studies. Over the years, continuous advancements in MS instrumentation and sample extraction procedures have allowed scientists to achieve lower limits of quantification enabling them to more deeply investigate their drug of interest. However, current instrumentation platforms still pose major challenges for certain analyte classes where metal chelation can be problematic. Examples of this are certain compounds containing phosphate groups (e.g., ATP), uncharged amines, and deprotonated carboxylate groups (citrate, lactate, etc.,) that are electron rich and are easily adsorbed onto metal surfaces such as the stainless steel used in LC systems. This can have a deleterious effect on bioanalytical methods resulting in complicated method development, time consuming

data analysis, insufficient assay sensitivity, and poor reproducibility. In attempting to address these issues bioanalyst's have employed chelating reagents as mobile phase additives, PEEK connection tubing and system passivation. However, these solutions are not ideal as they are either non-permanent, incompatible with solvents such as DMSO or reduce ionization efficiency for the analytes causing reduced sensitivity.

To address these challenges, Waters has developed a class of new technologies, known as MaxPeak High Performance Surfaces (HPS). This MaxPeak HPS LC surface is comprised of a resilient, highly crosslinked layer that is chemically similar to bridged-ethyl hybrid silica. The MaxPeak HPS provides a highly effective surface barrier that mitigates against undesired interactions with metal surfaces. Here, we highlight the benefits of the MaxPeak HPS for bioanalysis using hydrocortisone phosphate and dexamethasone sodium phosphate as exemplars. Dexamethasone phosphate and hydrocortisone phosphate are anti-inflammatory corticosteroids used in the treatment of endocrine disorders as well as immune and allergic conditions such as arthritis, psoriasis, lupus, and ulcerative colitis. Dexamethasone phosphate was also recommended for COVID-19 patients with severe respiratory symptoms. Therefore, there is exceptional interest in improving the sensitivity of detection for these compounds.

## Experimental

#### Sample Preparation

Lyophilized hydrocortisone phosphate and dexamethasone phosphate were dissolved in DMSO to make stock solutions at 1 mg/mL. These stocks were further diluted in 5% methanol in water to make working standards at 100  $\mu$ g/mL and 10  $\mu$ g/mL. These working standards were then spiked into human plasma to generate a calibration curve from 5–1000 ng/mL for hydrocortisone phosphate and 1–1000 ng/mL for dexamethasone phosphate. 100 uL of each sample were transferred to a micro-centrifuge tube and extracted using 300  $\mu$ L of methanol. The samples were vortexed and centrifuged at 13000 rcf for 10 mins. 200  $\mu$ L of the supernatant was transferred to LC-MS vials and used for analysis.

#### **Method Conditions**

MRM methods for both analytes were developed using QuanOptimize. A short LC method with a generic gradient was used for analysis. The method details are listed below.

#### LC Conditions

LC system:	ACQUITY PREMIER or ACQUITY UPLC I-Class	
Detection:	Xevo TQ-XS	
Column:	$2.1x$ 50 mm ACQUITY MaxPeak HSS T3, 1.8 $\mu m$ or 2.1 x 50 mm ACQUITY HSS T3, 1.8 $\mu m$	
Column temp.:	60 °C	
Sample temp.:	5 °C	
Injection volume:	10 μL	
Flow rate:	600 μL/min	
Mobile phase A:	0.1% Formic acid in water	
Mobile phase B:	0.1% Formic acid in acetonitrile	
Gradient:	5–75% B over 2.5 minutes	
MS Conditions		
MS system:	Xevo TQ-XS	
Ionization mode:	Positive ion electrospray	
Acquisition range:	MRM	
Capillary voltage:	3 KV	
MRM Transitions		
Hydrocortisone phosphate:	443.19>327.15	

Dexamethasone	phosphate:	473,32>435,16
Denamentation	prioopriator	1701027 100110

#### Data Management

MS software: MassLynx v4.2

Informatics: TargetLynx XS

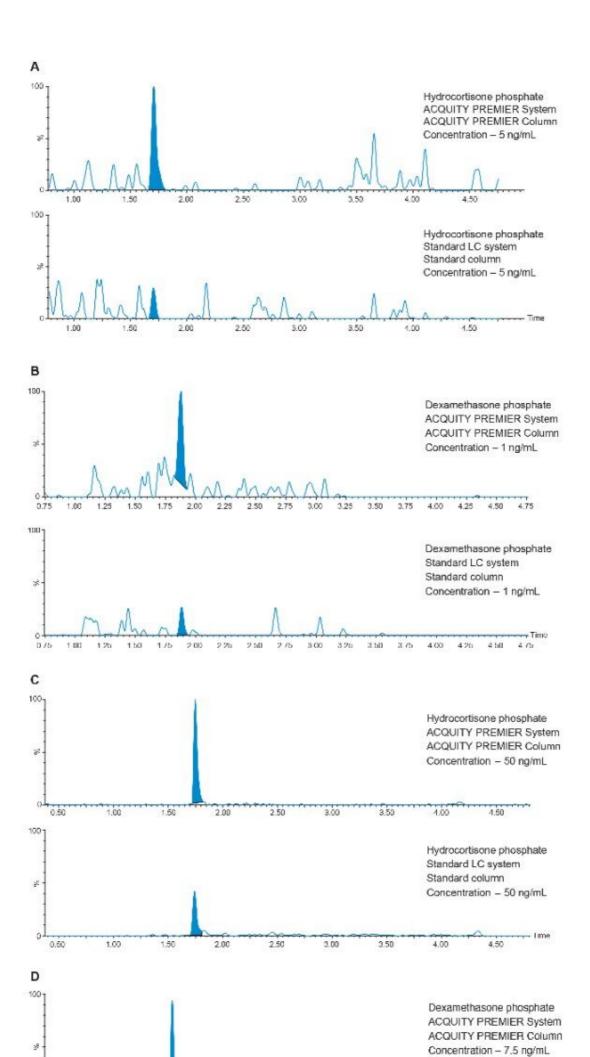
## Results and Discussion

Due to the physico-chemical characteristics of hydrocortisone phosphate and dexamethasone phosphate, these analytes are susceptible to adsorption on stainless steel surfaces. This phenomenon is exacerbated at low concentrations as most or all the analyte can be lost to the needle, transfer tubing, pre-heaters, and column hardware. Mitigating these interactions through the use of chemically inert surfaces along the flow path has the potential of increasing the amount of analyte that reaches the detector, thereby improving the lower limit of quantification (LLOQ) that can be achieved, as well as increasing the precision of the assay.

To test this hypothesis, calibration curve and QC samples were extracted using the procedure described above and injected on the ACQUITY PREMIER System with a Max Peak HPS Column as well as a conventional ACQUITY system with a standard ACQUITY UPLC column.

As seen in the top chromatogram in Figure 1a, using the ACQUITY PREMIER System with MaxPeak HPS Column, we achieved a LLOQ of 5ng/mL with signal-to-noise of >15 for hydrocortisone phosphate. The lower chromatogram of figure 1a shows the same sample injected on a conventional ACQUITY LC system and UPLC column. The peak in the lower chromatogram has a much lower intensity with a signal-to-noise <3 and may have much higher inter- and intra-day CV's which can affect the reproducibility, especially for low concentration samples. Similarly, as shown in the top chromatogram of Figure 1b, we achieved a LLOQ of 1 ng/mL with a signal-to-noise >10 for dexamethasone phosphate. However, the chromatogram of the same sample injected on the conventional LC system shows a peak with a significantly lower intensity as shown in the lower chromatogram of Figure 1b with a signal-to-noise of <4. Figure 1c compares the response obtained on the two systems at 50 ng/mL for hydrocortisone phosphate, which is the lowest concentration that could be accurately quantified on the standard ACQUITY LC system with standard ACQUITY columns. In addition

to having a significantly higher peak area response, the signal observed on the Premier system/column is more symmetrical in shape and therefore more reproducibly integrated, compared to the peak observed on the standard hardware using the same integration parameters. Figure 1d compares the chromatograms for dexamethasone phosphate at 7.5 ng/mL, which is the observed lower limit on the standard system and column combination. The peak area responses and peak shapes for both systems are similar. However, concentrations below 7.5 ng/mL injected on the standard system/column either showed no peaks at all or provided irreproducible peaks which cannot be accurately integrated. This lack of reproducibility may be attributed to the analyte being adsorbed on the system. On the ACQUITY PREMIER System with MaxPeak HPS Columns, all concentrations from 7.5 ng/mL down to 1 ng/mL showed well defined chromatographic peaks which could be accurately integrated and showed a linear increase in response with increase in concentration.



- · Narrower peak widths and more symmetrical peak shapes allowing for more reproducible integration, especially at the lower concentration levels
- Assay precision of <11% (hydrocortisone phosphate) and <8% (dexamethasone phosphate) across LLOQ,</li>
   LQC, MQC, and HQC levels

## References

- 1. Dexamethasone in Severe COVID-19 Infection: A Case Series, M. E. Hassan *et. al.*, Respiratory Medicine Case Reports, Volume 31, 2020, 101205.
- 2. Gregor Cevc and Gabriele Blume, Hydrocortisone and Dexamethasone in very Deformable Drug Carriers

  Have Increased the Biological Potency, Prolonged Effect, and Reduced Therapeutic Dosage, *Biochimica*et Biophysica Acta (BBA) Biomembranes Volume 1663, Issues 1–2, 27 May 2004, pages 61–73.
- 3. M. Lauber *et al.*, Low Adsorption HPLC Columns Based on MaxPeak High Performance Surfaces, Waters Corporation, 720006930EN <a href="https://www.waters.com/webassets/cms/library/docs/720006930en.pdf">https://www.waters.com/webassets/cms/library/docs/720006930en.pdf</a>>.

## **Featured Products**

Xevo TQ-XS Triple Quadrupole Mass Spectrometry <a href="https://www.waters.com/134889751">https://www.waters.com/134889751</a>

MassLynx MS Software <a href="https://www.waters.com/513662">https://www.waters.com/513662</a>

ACQUITY PREMIER System <a href="https://www.waters.com/waters/nav.htm?cid=135077739">https://www.waters.com/waters/nav.htm?cid=135077739</a>

720007095, December 2020

© 2021 Waters Corporation. All Rights Reserved.