Waters™
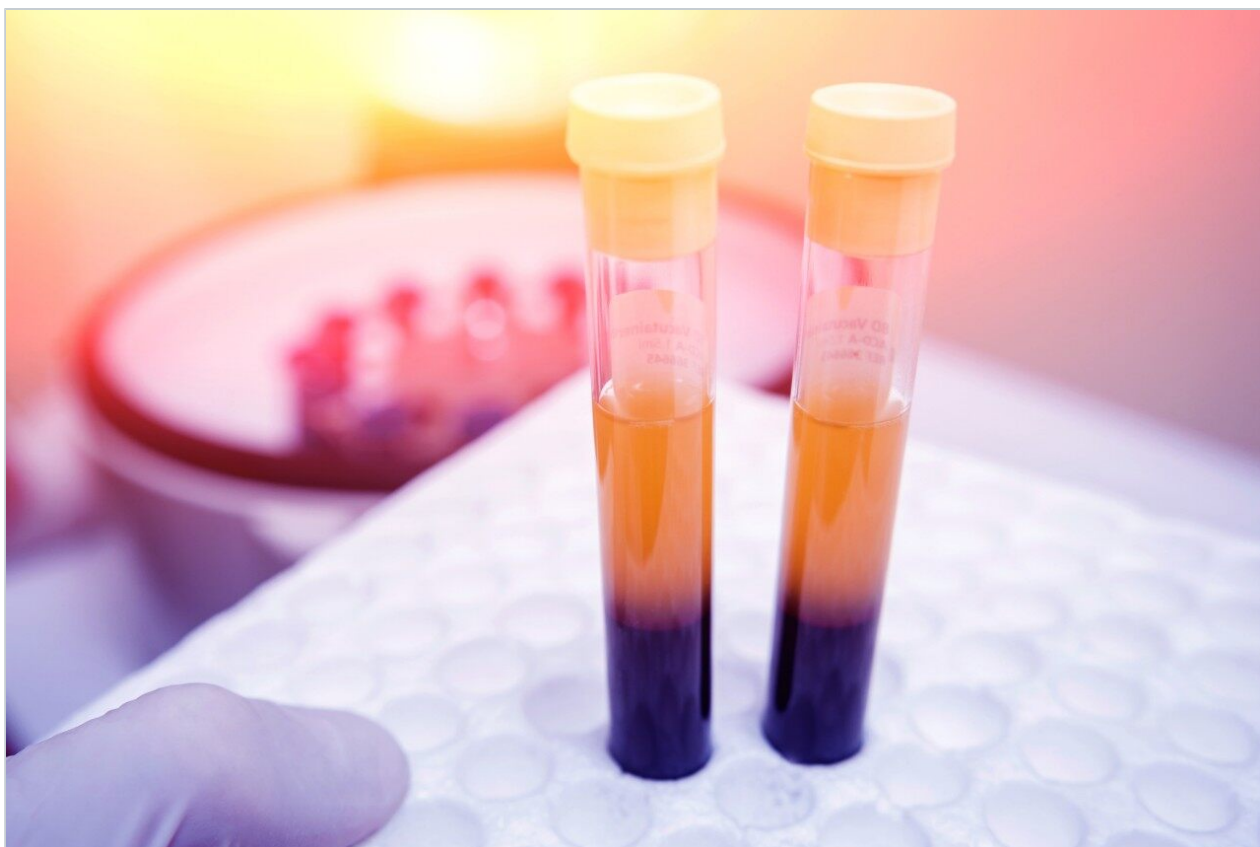
LipidQuan: HILIC-based LC-MS/MS High-Throughput Targeted Free Fatty Acid Screen

Nyasha Munjoma, Giorgis Isaac, Lee A. Gethings

Waters Corporation

For research use only. Not for use in diagnostic procedures.

Abstract

This application note describes the use of the LipidQuan platform that utilizes a HILIC-based approach to perform a targeted screen for FFA without the need for complex sample preparation and long chromatographic separation.

Benefits

· Rapid quantification of 24 FFAs in plasma

· A robust and easy to deploy platform reducing method development and training costs, using Quanpedia and SOPs

· Fast data processing and visualization using TargetLynx Software and third party informatics (i.e. Skyline) for maximum flexibility

· Fast and cost effective enabling increased customer productivity

Introduction

Fatty acids (FA) are hydrocarbon chains comprising both carboxyl (-COOH) and methyl (-CH$_3$)functional groups. Traditional nomenclature designates the carbon atom next to the carboxyl group as α and the subsequent one β carbon with the methyl group carbon designated ω (Figure 1). Fatty acid chains may contain one or more double bonds at specific positions (unsaturated and poly unsaturated with cis (Z) or trans (E) configuration) or they may be fully saturated. Branched chain fatty acids with one or more methyl branches on the carbon chain are more commonly found in prokaryotic organism but have been reported in cow's milk fat and the gastrointestinal tract of newborns.[1,2]
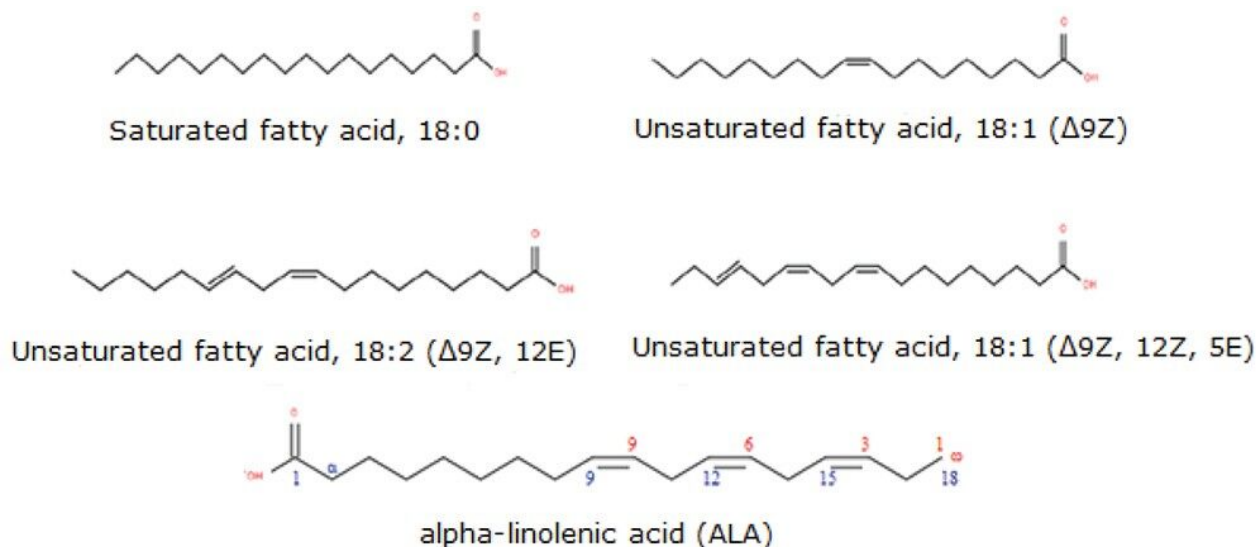
Figure 1. Structure and nomenclature of different straight chain fatty acids. ALA shows the traditional nomenclature designating the carbon atom next to the carboxyl group as α and the subsequent one β carbon with the methyl group carbon designated.

Although free (non-esterified) fatty acids (FFA or NEFA) represent only a small fraction of total fatty acids in plasma, they represent a highly metabolically active lipid class. The most abundant FFAs in plasma consist of oleic acid (18:1), palmitic acid (16:0), and stearic acid (18:0) and together these make up 78% of all FFAs. Some FA species within the unsaturated family are long chain polyunsaturated fatty acids (LC-PUFAs) and are termed "essential" since they cannot be synthesized de novo. Examples include the main PUFAs such as linoleic acid (18:2), arachidonic acid (20:4), ω -linolenic acid (18:3 ω -3), eicosapentaenoic acid (20:5, EPA), and docosahexanaenoic acid (22:6; DCA).[3] Eicosanoids are locally acting bioactive signalling lipids derived from arachidonic acid and related polyunsaturated fatty acids (PUFAs). Eicosanoids regulate a diverse set of homeostatic and inflammatory processes linked to numerous diseases including metabolic syndrome disorders and cancers.[5]

Here, we describe a hydrophilic interaction chromatography (HILIC) based approach for the separation of fatty acids by class prior to Mass Spectrometry (MS) analysis and thereby reducing identification ambiguity.[6] An additional benefit of separating lipid species by class is that fewer stable isotope labelled (SIL) standards are required for quantification, conferring a cost savings. This application note describes the use of the LipidQuan platform (Figure 2) that utilizes a HILIC-based approach to perform a targeted screen for FFA without the need for complex sample preparation and long chromatographic separation.
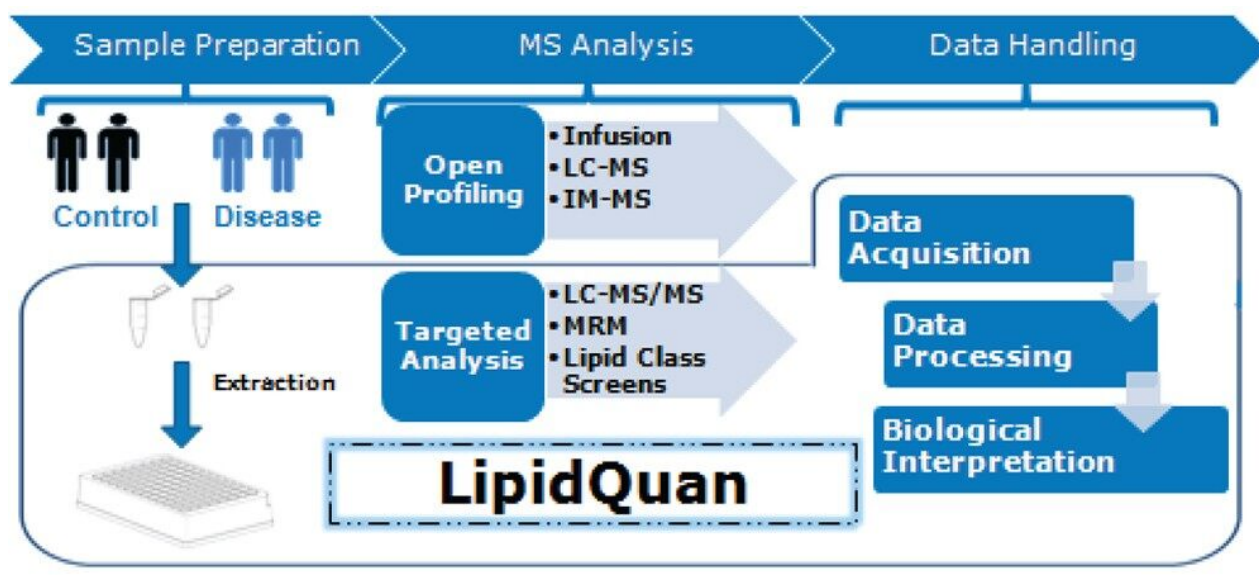
Figure 2. General lipidomics workflow used in most research laboratories, with LipidQuan workflow highlighted.

Experimental

Samples

Pooled healthy human plasma was spiked with stable isotope labeled (SIL) standards, (SPLASH LIPIDOMIX, Avanti Lipids, Alabaster, AL) at nine concentration levels to generate calibration curves for quantification. SPLASH LIPIDOMIX does not contain a suitable surrogate standard for the quantification of FFA but the linearity data can be used to assess the quality of the data generated. Typical R^2 values of 0.95 and deviations from the line of best fit (CVs <30%) are routinely achieved. PG (15:0–18:1) (d7) = 0.5–1500 ng/mL and PC (15:0–18:1) (d7) = 16–8000 ng/mL are used to illustrate the linearity. Six replicates of the NIST Standard Reference Material 1950 plasma (Sigma Aldrich, Poole, UK) were also spiked with 5% SIL standards, prior to extraction.

Sample preparation

A simple sample preparation procedure was adopted using protein precipitation with pre-cooled isopropanol (IPA) (1:5, plasma:IPA). Samples were vortex mixed for one minute and placed at -20 °C for 10 minutes. Samples were vortex mixed again for one minute and placed at 4 °C for two hours to ensure complete

protein precipitation. The extracted samples were centrifuged at a maximum of 10,300 g for 10 minutes at 4 °C before transferring the supernatant to glass vials for LC-MS/MS analysis.

LC conditions

LC system:	ACQUITY UPLC I-Class Fixed Loop (FL) or Flow Through Needle (FTN)
Column(s):	ACQUITY UPLC BEH Amide 2.1 × 100 mm, 1.7 μm
Column temp.:	45 °C
Flow rate:	0.6 mL/min
Mobile phase A:	95:5 Acetonitrile/water + 10 mM Ammonium acetate
Mobile phase B:	50:50 Acetonitrile/water + 10 mM Ammonium acetate
Gradient:	0.1% to 20.0% B for 2 minutes, then 20% to 80% B for 3 minutes followed by 3 minutes re-equilibration
Run time:	8 minutes
Injection volume:	1 μL

MS conditions

MS systems:	TQ-S micro, TQ-XS, or TQ-S
Ionization mode:	ESI (-)

Capillary voltage:	1.9 kV (-)
Acquisition mode:	MRM
Source temp.:	120 °C
Desolvation temp.:	500 °C
Cone gas flow:	150 L/hr
Desolvation flow:	1000 L/hr
Nebulizer gas:	7 bar
Ion guide offset 1:	3 V
Ion guide offset 2:	0.3 V

Informatics

A LipidQuan Quanpedia method file (version 1.4) that contains the LC conditions, MS method and associated TargetLynx processing method (including retention times) was generated. The resulting data were processed with either TargetLynx or Skyline (MacCoss Lab Software, University of Washington).

Results and Discussion

Measurement of NEFA or free FA is typically performed using GC-MS.[7] Prior to analysis, samples are typically fractionated using solid phases or liquidliquid extraction techniques before hydrolysis with derivatization agents to form fatty acid methyl esters (FAME). This protocol is time consuming, risks derivatising intact complex lipids, and does not always perform well for the longer chain, less volatile FAs (>C24).

Alternatively, reversed-phase (RP) LC-MS can also be applied for the analysis of FFA. This method, however, also requires time-consuming sample preparation and the use of toxic organic solvents that can be

expensive to purchase and dispose of. Reversed-phase chromatography separates lipids according to the chain-length and the degree of unsaturation. The dual nature of reversed-phase separation (the fatty acyl chain length increases retention time and a double bond in the fatty acyl chain reduces retention time) can hamper the analysis of real samples. Further, with the large number of components that co-elute, identification becomes difficult.

LipidQuan employs pseudo MRM in negative ion mode to identify and quantify 24 FFA species contained in human plasma whilst simultaneously analysing several other phospholipid classes from the same injection. FFAs elute as a discrete band (~0.5 mins) under HILIC-based conditions (Figure 3). The method sensitivity facilitated the detection of these lipids in human plasma at normal circulating levels from 50 µL of plasma. The dynamic range was linear over four orders of magnitude.
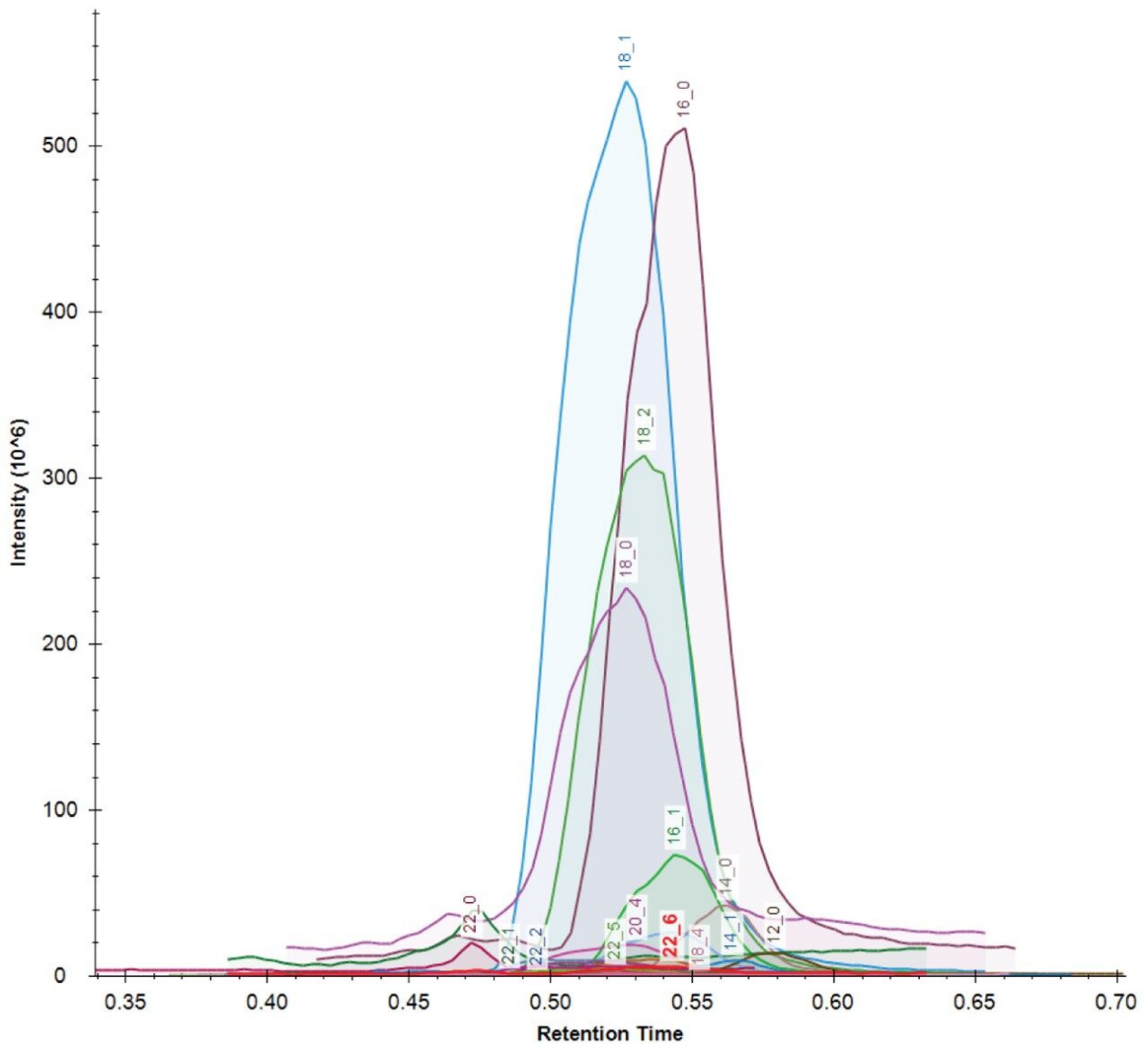
Figure 3. Overlaid chromatogram representing HILIC separation of endogenous FFA lipids in NIST Standard Reference Material 1950 plasma.

The data generated was acquired using the curated LipidQuan plasma screens (LipidQuan Quanpedia file v1.4) to provide relative quantification. Table 1 shows the lipid species with CVs <30%. Typical R^2 values of 0.95 and deviations from the line of best fit (CVs <30%) are routinely achieved using the available SIL from SPLASH LIPIDOMIX. The calibration curve for PG (15:0–18:1) (d7) = 0.5–1500 ng/mL and PC (15:0–18:1) (d7) = 16–8000 ng/mL from the same analysis are shown (Figure 4).

A hydrophilic interaction chromatography (HILIC) based approach avoids the need for derivatization and

complex sample preparation associated with FAME GC-MS. Additionally, since lipids are separated by class, the risk of co-elution associated with RP LC-MS is also minimised.

The development of a LipidQuan Quanpedia method file enables a simple download of MRM transitions and chromatographic conditions representing FFAs, eliminating manual input of LC-MS methods and reducing possible transcription errors.

Common name	LipidQuan name	RT (mins)	MRM transition
Lauric acid	FFA_12_0	0.58	199.2>199.2
Myristic acid	FFA_14_0	0.56	227.2>227.2
Myristoleic acid	FFA_14_1	0.56	225.2>225.2
Palmitic acid	FFA_16_0	0.55	255.2>255.2
Palmitoleic acid	FFA_16_1	0.55	253.2>253.2
Margaric acid	FFA_17_0	0.54	269.2>269.2
Stearic acid	FFA_18_0	0.53	283.3>283.3
Oleic acid	FFA_18_1	0.53	281.2>281.2
Linoleic acid	FFA_18_2	0.53	279.2>279.2
Linolenic acid	FFA_18_3	0.54	277.2>277.2
Eicosadienoic acid	FFA_20_2	0.52	307.3>307.3
Eicosatrienoic acid	FFA_20_3	0.52	305.2>305.2
Arachidonic acid	FFA_20_4	0.53	303.2>303.2
Eicosapentaenoic acid	FFA_20_5	0.54	301.2>301.2
Docosatrienoic acid	FFA_22_3	0.49	333.3>333.3
Docosatetraenoic acid	FFA_22_4	0.49	331.3>331.3
Docosapentaenoic acid	FFA_22_5	0.52	329.2>329.2

Table 1. MRMs of endogenous FFA in NIST Standard Reference Material 1950 plasma. Readings with CVs <30% were considered acceptable.

4A.

PG (15:0/18:1) (d7)

$y = 96.109x - 934.02$
$R^2 = 0.99609$

4B.

PC (15:0/18:1) (d7)
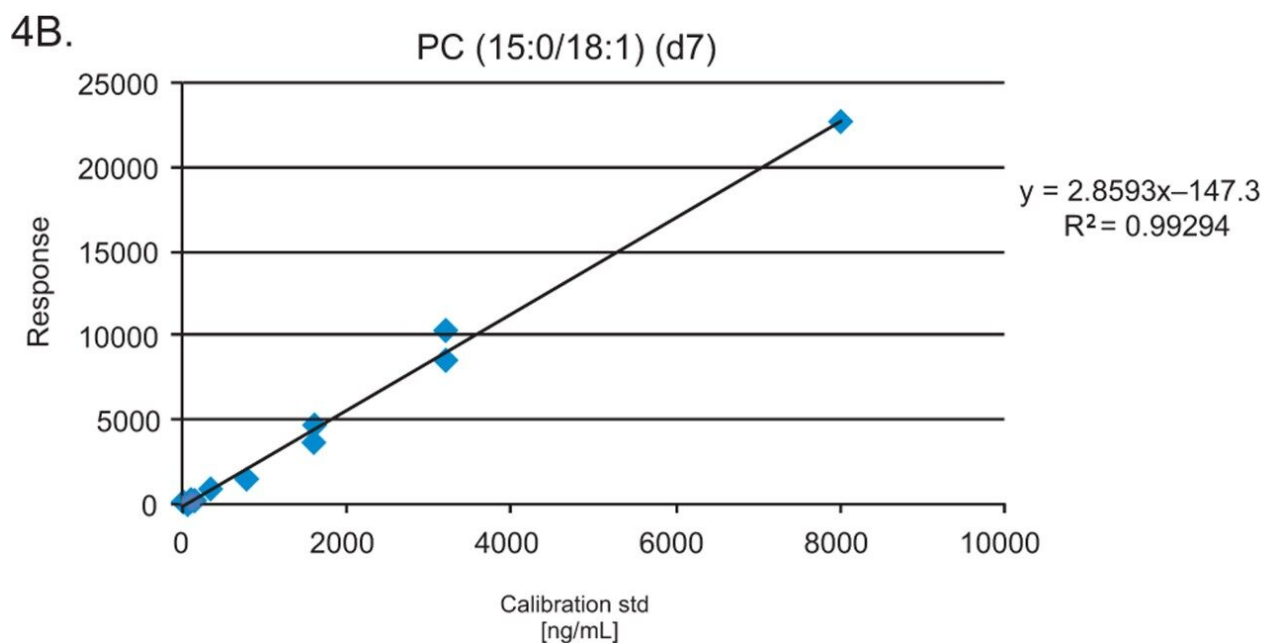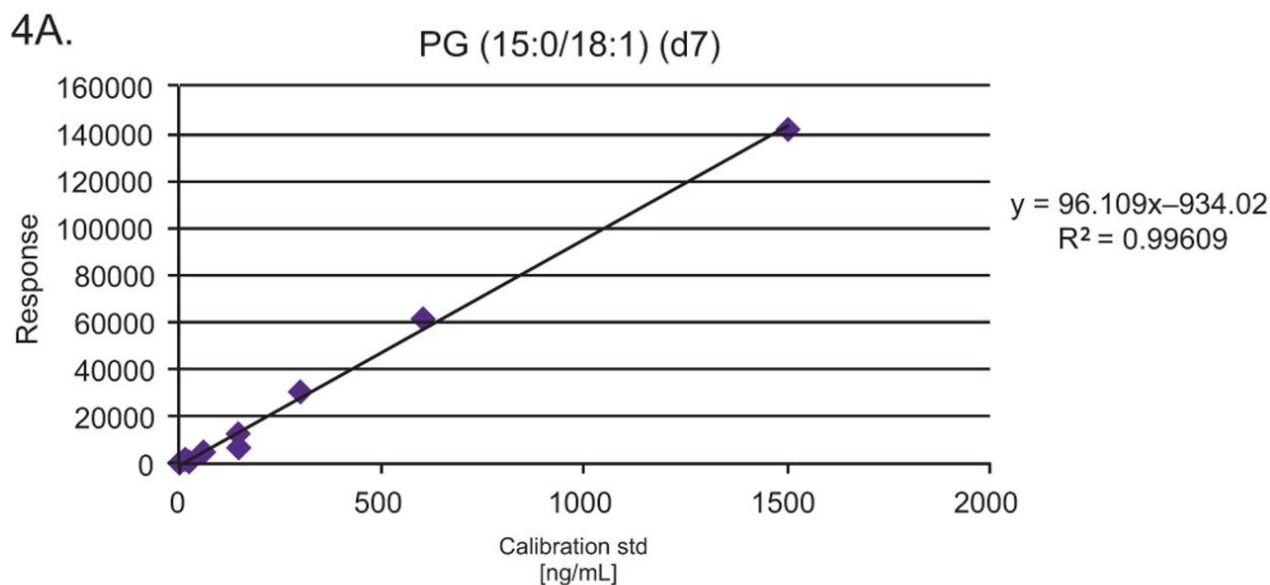
$y = 2.8593x - 147.3$
$R^2 = 0.99294$

Figure 4. Calibration curves for PG (15:0/18:1) (d7) (0.5-1500 ng/mL) (A), PC (15:0/18:1) (d7) (16–8000 ng/mL) (B). Typically, R^2 values of >0.95 and deviations from the line of best fit (CV <30%) are specified as acceptance criteria.

Conclusion

- A rapid quantification method was developed for the analysis of FFA in conjunction with other lipid classes, e.g. PG and PC, in plasma and serum.
- The methodology allowed for the analysis of 24 FFAs within eight minutes.
- LipidQuan methodology allowed a targeted screen for FFA without the need for complex sample preparation and long chromatographic separation.

References

1. Ran-Ressler, R. R., Bae S., Lawrence, P., Wang DH., (2014) Branched-Chain Fatty Acid Content of Fooda and Estimated Intake in the USA. *British Journal of Nutrition*, 112 (4), 565–5572 https://doi.org/10.1017/S0007114514001081

2. Ran-Ressler, R. R., Devapatla, S., Lawrence, P., Brenna, J. T. (2008). Branched Chain Fatty Acids are Constituents of the Normal Healthy Newborn Gastrointestinal Tract. *Pediatric Research*, 64(6), 605–609. Retrieved from http://sfx.scholarsportal.info/mcmaster?sid=OVID:medline&id=pmid:18614964&id=doi:10.1203%2FPDR.0b013e318 3998&isbn=&volume=64&issue=6&spage=605&pages=605-9&date=2008&title=Pediatric+Research&atitle=Branched+chain+fatty+acids+are+constitue

3. Quehenberger O., Armando A. M., Brown A. H., Milne S. B., Myers D. S., Merrill A. H., Dennis E. A. (2010). Lipidomics Reveals a Remarkable Diversity of Lipids in Human Plasma, 51, 3299–3305. http://doi.org/10.1194/jlr.M009449

4. Brevik, A., Veierød, M. B., Drevon, C. A., Andersen, L. F. (2005). Evaluation of the Odd Fatty Acids 15:0 and 17:0 in Serum and Adipose Tissue as Markers of Intake of Milk and Dairy Fat. *European Journal of Clinical Nutrition*, 59(12), 1417–1422. http://doi.org/10.1038/sj.ejcn.1602256

5. Dennis E. A. and Norris P. C. (2016). Eicosanoid Storm in Infection and Inflammation. HHS Public Access, 15(8), 511–523.http://doi.org/10.1038/nri3859.Eicosanoid

6. Cifkova, E., Holcapek, M., Lisa, M., Ovcacikova, M., Lycka, A., Lynen, F., Sandra, P. (2012). Nontargeted Quantitation of Lipid Classes Using Hydrophilic Interaction Liquid Chromatography-Electrospray Ionization Mass Spectrometry with Single Internal Standard and Response Factor Approach. *Analytical Chemistry*, 84(22), 10064–10070. http://doi.org/10.1021/ac3024476

7. Kopf, T., Schmitz, G. (2013). Analysis of Non- Esterified Fatty Acids in Human Samples by Solid-Phase-Extraction and Gas Chromatography/ Mass Spectrometry. *Journal of Chromatography B: Analytical Technologies in the Biomedical and Life Sciences*, 938, 22–26. http://doi.org/10.1016/j.jchromb.2013.08.016

Featured Products

Xevo TQ-S micro Triple Quadrupole Mass Spectrometry <https://www.waters.com/134798856>

Xevo TQ-XS Triple Quadrupole Mass Spectrometry <https://www.waters.com/134889751>

Xevo TQ-S <https://www.waters.com/10160596>

Quanpedia <https://www.waters.com/10148049>

TargetLynx <https://www.waters.com/513791>

ACQUITY UPLC I-Class PLUS System <https://www.waters.com/134613317>

720006464, January 2019